

The Creative Touch

How to facilitate group dynamics using creativity

September 9th 2009

£149.00 plus VAT

West London

A one day workshop

"When people gather in circles, when we reveal ourselves by speaking from the heart, we discover common threads, common concerns and common longings."

Calling the Circle by Cristina Baldwin

- Are you curious about what happens in groups on a deeper level?
- Would you like to facilitate a group's process more creatively?
- Do you want a fresh approach that uncovers unconscious dynamics in a safe and non threatening way?
- Are you interested in learning about the roles you play in groups and "role lock"?

As facilitators, we share a fascination in the alchemical depths of the group unconscious, as well as hold a strong belief that skilful attention to the emotional well-being of the group is the cornerstone of effective group facilitation.

We have designed this day to explore, experientially and creatively, the roles we play in groups as participants and as facilitators. We will share with you ways of bringing unconscious group processes into awareness using art and metaphor. Our belief is that a healthy group is able to exchange roles and that by doing so, allow creativity to flourish. We also want you to experience the power of the circle, as a way of heightening the group's process and harnessing its creative energy.

What you will learn

We will aim to answer these questions during the day:

- ✓ *What roles do I play in groups?*
- ✓ *What is "role lock" and how does it become manifest as group behaviour?*
- ✓ *Why does "role lock" stifle group effectiveness and creativity?*
- ✓ *How might I contribute to or create role lock?*
- ✓ *How can I use creative processes to uncover unconscious dynamics more safely?*
- ✓ *How can I tap into the creative resources of a group?*

Who would benefit from attending?

This workshop is particularly useful for trainers, consultants, facilitators and anyone who works with groups. We can issue Certificates of Attendance for CPD.

Our approach will help improve how you engage a group who may appear blocked or "storming" (Tuckman), and also enable a group to generate more innovative ideas and solutions.

"All of your work is a lovely way to get people to say more beyond the rational ideas they have"

Consultant Facilitator

"Your workshops have expanded my resources and added a new and creative dimension to my practice" **Executive Coach**

Places are limited to 12 people. For more information and to book please visit -

http://www.alisonhodge.com/workshops/creative_touch_with_groups.html



www.alisonhodge.com

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