

Workshops and Master Classes – 2009

With Alison Hodge and Louise Austin

Creative Touch – One Day 22nd April 2009 – Gestalt Centre

This introductory workshop will explore ways to use creativity and metaphor in coaching, organisation consultancy and leadership development. We will share some unique and creative techniques that you can easily apply to your practice. This will include:

- How to stimulate right brain thinking and innovation with your clients.
- How to create impact through using high recall non verbal methods.
- How to use imagery and metaphor to overcome stuckness.
- How to develop more confidence to experiment with creative approaches.

These techniques are particularly useful when leading clients through change and approaching, in new ways, complexity within organisations. This introductory workshop covers some specific creative approaches and methods that will be explored and practised in greater depth in the Master Classes.

This group will run with a maximum of 12 participants.

Cost: £149.00 plus VAT **Venue:** Gestalt Centre

Creative Touch with Groups – One Day 9th September 2009 – West London

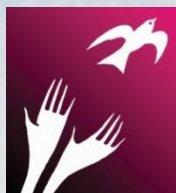
This workshop will focus on exploring how to tap into and facilitate creativity in groups. We will focus on introducing specific creative methods in group work. This will include:

- How to attend to the emotional well-being of the group.
- How to uncover group dynamics and raise awareness through eliciting group metaphors.
- How to engage the group in exploring their process through the lens of group roles.
- How to enable the group to generate a collective vision with image-making.

These techniques will help you creatively address groups who may appear blocked or 'storming' (Tuckman), as well as enabling a group to be transformative and participative in generating ideas and solutions. This workshop is particularly useful for trainers, consultants and facilitators who work with groups and run team-building events.

This group will run with a maximum of 12 participants.

Cost: £149.00 plus VAT **Venue:** Central London



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Workshops and Master Classes – 2009

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Master Classes – Half Day Sessions

These Master Classes will explore the use of one of the particular creative methods introduced on the **Creative Touch** workshop. We will go into more depth on the theory and research to demonstrate the efficacy of using arts based methods in your practice. You will have plenty of time to practise your new found creative skills alongside time for reflection, feedback and exploration around application.

As this is an in depth exploration of our creative methods, we are restricting the numbers to 8 per Master Class. All dates to be confirmed.

Cost: £95.00 plus VAT

Venue: West London

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| Master Class 1 | - | The use of story cards and images in coaching and coaching supervision. |
| 20 th May 2009 – West London | | |
| Master Class 2 | - | The use of animal metaphors to raise awareness in clients about themselves and their organisation. |
| 17 th June 2009 – West London | | |
| Master Class 3 | - | The use of natural objects and coins to explore systems and group dynamics. |
| 7 th October 2009 – West London | | |
| Master Class 4 | - | The use of drawing in coaching and workshops. |
| 4 th November 2009 – West London | | |

To register an interest for any or all of the Workshops or Master Classes mentioned above then please click on the link below.

[Click here to book](#)

Please [email](#) any other suggestions for workshops or master classes.



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